

**PIVOTAL RESPONSE TREATMENT CERTIFICATION LEVEL IV:  
ADVANCED IMPLEMENTER IN  
Self-Management Training**

To be certified in Pivotal Response Treatment (PRT) at Level IV: Self-Management, individuals must participate in our Remote PRT Training and Certification Program, outlined below.

**Pre-requirements:** Certification in PRT at Level I, II, and III.

**Objective:** The objective of the Level IV: Self-Management program is to introduce participants to the PRT procedures for teaching children with ASD to self-manage behavior. Specifically, this program aims to establish participant ability to teach children with ASD to self-manage (a) *social conversation behaviors* (specifically, on-topic question asking) and (b) *flexibility*.

Certification at Level IV: Self-Management is achieved through teaching self-management for on-topic question asking and flexibility with three different children with ASD, while meeting criteria for fidelity of PRT implementation.

**Summary of Process:** Generally speaking, within the Level IV: Self-Management Program:

- (1) TO REGISTER: Participants complete and submit (via mail or email) the Level IV Registration Form and pay the Level IV: Self-Management \$600.00 USD fee by sending a check to the address provided on the Registration Form, or online with a debit card, credit card, or PayPal account.
- (2) Participants collect and submit a 15-minute baseline video probe of themselves teaching a child with ASD to self-manage social conversation on-topic question asking or flexibility using the PRT procedures.
- (3) Training materials are sent to the participant through mail (standard UPS shipping). Training materials include *How To Teach Self-Management to People with Severe Disabilities: A Training Manual*, research articles, and access to an online video training module.
- (4) Participants work through the training materials independently at their own pace, and then video tape themselves (in three 10-minute video probes) implementing the PRT procedures highlighted in the training with three different children with ASD. Specifically, teaching children with ASD to self-manage behavior (on-topic question asking and flexibility).
- (5) Participants submit the three 10-minute video probes through mail, and our team assesses for fidelity of PRT implementation.
- (6) The participant then receives a Score and Feedback Report corresponding to the three submitted video probes.
- (7) If fidelity of implementation *is not* achieved on the three 10-minute video probes, the participant has an opportunity to apply the feedback and collect and submit additional video probes to be assessed for fidelity of PRT implementation.

Once the participant meets fidelity of implementation for teaching/facilitating self-management of behavior (specifically, for on-topic question asking and flexibility) with three different children with ASD (across three 10-minute video probes), he or she is certified in Pivotal Response Treatment at Level IV: Self-Management, and will receive a formal certificate of completion.

**Registration Instructions:**

To **register** for the Level IV: Self-Management PRT Training and Certification Program:

**(A) Complete and submit the Registration Form:** The Registration Form is available at <http://www.koegelautism.com/NEW--Certification.html>. Click on the link for “Certification Registration Form” to download the form. Complete the Registration Form and submit through email to [kristin@koegelautism.com](mailto:kristin@koegelautism.com) or through mail to the address provided on the form, also below.

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Attn: Kristin Wheatley  
1547 Palos Verdes Mall #416  
Walnut Creek, CA. 94597

**(B) Payment:** The fee for the Level IV: Self-Management PRT Training and Certification Program is \$600.00 USD. This fee includes the materials outlined above, fidelity assessment and written feedback on up to six 10-minute video probes, and fidelity assessment only (no written feedback) on an additional three 10-minute video probes, as well as a formal certificate of completion.

- Please note: If fidelity of implementation is not met on three 10-minute video probes (across three different children) after three sets of three video probes (fidelity assessment and written feedback on up to six video probes and fidelity assessment only on an additional three video probes), participants must pay an additional fee for further scoring and feedback.

The \$600.00 payment can be made *online* with a debit card, credit card, or PayPal account, or by sending a *check* through mail.

To make a secure payment online, please visit our website at the following link:

<http://www.koegelautism.com/Store.html>

In the online store, scroll down to the bottom of the first page, click to the next page, then scroll down until you find the option that reads "PRT Certification Level IV: For US Residents Only." Using the drop down menu, select "Self-Management." Click on the "Add to Cart" button below the program title and description, and a window in the upper right hand corner should pop up indicating that you have successfully added the program to your cart. Then, click the "Checkout" button in that same pop-up window in the upper right corner. This will bring you to the PayPal page, where you can pay through a debit or credit card, or with a PayPal account.

Alternatively, participants can send a check for \$600.00 made out to *Koegel Autism Consultants: PRT Certification* to the address below, along with your completed registration form or copy of your registration form (if submitted through email).

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\*Please note: International participants pay an additional \$75.00 fee to cover the increased shipping costs, bringing the total cost of the program to \$675.00. International residents please select "PRT Certification Level IV: International Residents Only (outside the US)" if paying online.

**(C) Baseline Video Probe:** The next step is to collect and submit a Level IV: Self-Management baseline video probe:

Specifically, videotape yourself working with one child with ASD. The participant should attempt to teach the child with ASD to self-manage behavior. The baseline probe should:

- Be 15 *consecutive* minutes of the participant attempting to teach the child with ASD to self-manage behavior within the context of a structured self-management system.
- Specifically, the video should demonstrate the participant's ability to:
  - (1) Teach the child to self-manage social conversation behaviors.
    - Specifically, on-topic question asking.
  - (2) Teach the child to increase flexibility using a self-management system.
    - Related rigid and/or perseverative behaviors specific to the child.
- The video should not be paused but run continuously.
- In the baseline videotape, participants can feel free to do a variety of activities.

Participants should save the video probe to a CD/DVD or to a USB storage device (e.g., flash drive) and mail to the address below, along with the original registration form or a copy of the registration form (if submitted via email).

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Once we receive (A) your completed Registration Form (B) the \$600 Level IV: Self-Management payment, and (C) your baseline video probe, you will receive an email confirming registration for the Level IV: Self-Management PRT Training and Certification Program, and your Level IV: Self-Management Program materials will be sent out through UPS to the participant address provided on the submitted Registration Form.

### **The Training Module:**

Once the participant receives the Level IV: Self-Management package, he or she will work through the included materials independently at his or her own pace.

**Fidelity Probe:** After reviewing the training materials, participants **videotape** themselves **implementing the PRT procedures for teaching self-management of behavior** (outlined in the training manuals and video training module).

- With **3 different children** with ASD.
- In **three 10-minute video probes**.
  - One 10-minute video probe for each child with ASD.
    - Note: each probe must be a *consecutive* 10 minutes.
- **Teaching the children with ASD on-topic question asking and flexibility.**
  - Each video probe should demonstrate the participant implementing a self-management system for on-topic question asking or flexibility. Although there are countless applications of self-management systems, the focus of the Level IV: Self-Management video probes should be on-topic question asking and flexibility.
    - Specifically, at least one video probe should demonstrate the participant teaching a child with ASD to self-manage on-topic question asking in the context of a social conversation.
    - Additionally, at least one video probe should demonstrate the participant teaching a child with ASD to self-manage flexibility.
    - The third video probe can demonstrate the participant teaching the child to self-manage either behavior (on-topic question asking or flexibility). *OR*, the participant can submit a video teaching a child to self-manage any other behavior *if* it is pre-approved. Please contact us directly at [kristin@koegelautism.com](mailto:kristin@koegelautism.com) for pre-approval.
- For example:
  - **Video probe #1** (Child #1, 10-minutes):
    - On-topic question asking in the context of a social conversation using a self-management system.
      - On-topic questions can be in response to leading statements.
      - Examples of questions include, open-ended wh-questions (e.g., “What,” “Where,” “Who,” “When,” and “Why” questions), “How” questions, closed-ended (yes/no) questions, etc.
  - **Video probe #2** (Child #2, 10-minutes):
    - Increasing flexibility using a self-management system.
      - Specifically, teaching the child with ASD to be flexible in regards to a specific rigid, repetitive, or perseverative behavior using a self-management system. The specific flexibility behavior being targeted within the self-management system will be individualized for each child.
      - Reminder of a clinical definition for flexibility when teaching children to self-manage this behavior: "Appropriately varying or adapting behaviors when presented with an opportunity to disengage from a rigid or perseverative behavior or a restricted interest, without displaying disruptive

behavior, and continuing to engage appropriately in the activity at hand."

- **Video probe #3** (Child #3, 10-minutes):
  - Self-management training for social conversation on-topic question asking *OR* flexibility, *OR* for any other behavior that is pre-approved. Please contact us directly at [kristin@koegelautism.com](mailto:kristin@koegelautism.com) for pre-approval.

More detailed instructions related to the collection and submission of video probes will be provided on the Level IV: Self-Management package instructions.

*Participants then mail the video probes in to be assessed for fidelity of implementation.*

Once the three video probes are received, fidelity of implementation will be assessed. Within 2-4 weeks, participants will receive a Score and Feedback Report, outlining fidelity assessment scores and providing written feedback on implementation of PRT procedures for teaching children to self-manage on-topic question asking and flexibility across the three video probes.

If fidelity *is* achieved on all three 10-minute video probes (across the three children with ASD for teaching self-management of on-topic question asking *and* flexibility), the participant is certified at Level IV: Self-Management. If the participant does *not* meet fidelity of implementation on one or more of the video probes, he or she will receive the Score and Feedback Report, and will have an opportunity to implement feedback and collect and submit additional video probes demonstrating acquisition of PRT self-management intervention skills.

Please feel free to contact the PRT Certification Project Coordinator, Kristin Wheatley, M.A., at [kristin@koegelautism.com](mailto:kristin@koegelautism.com) or (925) 683-6631 if you have any questions regarding the certification program or how to get started. Thank you for your interest in Pivotal Response Treatment and the Level IV: Self-management Training and Certification Program.